

ACC Women's Basketball Championship  
Greensboro, NC  
#3 Duke, #6 Florida St.

March 7, 2008

## FLORIDA STATE SEMINOLES

SUE SEMRAU: I'm proud of our players, and we had great energy, and I'm proud of them playing Duke. And when Abby hit that great 3 that was a great back breaker. She went on a 7 run by herself and that assist on the next basket. She is a great player and I give them credit and the same time I'm, you know, just throughout all of the adversity we have been through this year, I'm really proud of my team. And I think we showed tonight that we can compete with anybody.

Q Coach, obviously, Duke offensively started taking shots they weren't hitting on your end offensively did you see that Duke was doing anything different to guard you or were you just not making shots or why were you having so much trouble getting the shots you were getting earlier?

SUE SEMRAU: Duke threw about everything they had to us. I thought we had the most trouble with the 1-3-1. And when they went the 1-3-1, we stopped attacking the basket the way we had had been Chante with 4 fouls and we had to keep her out of the game during an important stretch and she was the one from the point guard position from us that tends to attack. And I thought that was the difference.

Q Sue, do you think you have done enough to win when selection Sunday comes around to be on the good side?

SUE SEMRAU: I do. And I tell you why. I think obviously the conference we play the strength of schedule and our RPI is good and 18 wins is a lot and we're top 5 in the conference. And there are 4 teams tied there with the exception of Georgia Tech we beat every other team that was tied with us. And those things and you throw in the committee, and look at the things that we have overcome. We have not played with this team but 10 basketball games with these line ups. You look at our starting line ups we have 17 different starting line ups this year for whatever reason. And I really do. I feel like this is a team that has fought and shown what they can do and we're starting to come together now. But you can see it's young in our season. If that makes any sense.

Q Mara did you play the full 40 minutes, and if you did are you just exhausted?

MARA FRESHOUR: Um, did I?

COACH SUE SEMRAU: 40 minus it says. I don't know. I think -- no, she didn't

because Cayla got that minus. She played a full 40.

MARA FRESHOUR: All right. Awesome. That was the theme this year. I have always been around 37 minutes overtime games where it's been 40, and I have a strength conditioning coach Dave, and the coaches do a great job making sure that we're always in shape, and at the same time taking care of our bodies and hydrating and eating the right foods. And I knew coming into the season that was going to happen, a lot of minutes, and that is something I'm kind of used to. Not that it's easy but it's going to happen so you kind of prep yourself for that to happen.

SUE SEMRAU: If you are Mara and you played four positions and you give ten minutes at each position.

MARA FRESHOUR: That is the way I look at it too.

Q Going back to that run Mara hits the shot and you are in control of the ball game. They go to the timeout and then suddenly Duke goes home on the big run. What is the memory of how they were able to accomplish that?

SUE SEMRAU: That is a great point. What is your memory of it? I was looking back at the ten minute mark it was a tie ball game. They were at the free throw line. And I think they hit two free throws and they hit a zillion of them and hit everyone of them, 91% that is pretty dang good. And I thought at that point, we were still fine, but then like I said, you know, Waner got a lay up and got jumped to the ball and she came off that screen and she got that lay up and got a chance to spot up. I