

**ACC Women's Basketball Championship  
Greensboro, NC  
March 4th, 2005**

**First Round Quotes**

**MARYLAND TERRAPINS**

COACH BRENDA FRESE: Well, you know, that was a lot of fun. Just a tremendous team win for us and the greatest thing is everyone contributed tonight. And just proud of our energy and our even intensity, and we really challenged this team from the defensive end. Obviously, to be able to hold a team like Clemson to 55 points, and especially given the first time we played them, I just thought we did a tremendous job with our intensity on the defensive end.

THE MODERATOR: Questions?

Q. Brenda, this was a lot different game than the one you played at Clemson. You got to go inside to Crystal a lot more. What was it that was different this time around?

COACH BRENDA FRESE: You know, everyone was ready to play, and just the unselfishness with our players. You know, they came out and we were expecting them to come out and chase Shay and really put a lot of pressure down on Crystal. We just really stepped up and made so many unselfish plays to teammates. I thought even for Shay, one of her most unselfish games, just really let the game come to her. We were very aggressive giving Crystal a lot of touches inside. We ran a lot of sets for her. As Crystal always does, she delivers.

Q. Coach, you held their offense to 20 points in the first half, what was the main difference in your defense between this game and the one down in Clemson?

COACH BRENDA FRESE: I really thought our guards got out and put a ton of pressure on them. We really heated them up from the perimeter and then from the post position, every time they cut across the lane they were extremely active. Our posts players did a tremendous job down low. We played a complete game on the defensive end.

Q. Brenda, I know that Crystal is probably one of the few players over the years that was the preseason ACC rookie of the year that actually turned out to be the Rookie-of-the-Year, can you comment on her progress through the year?

COACH BRENDA FRESE: You know the greatest thing about Crystal, she is never satisfied, and that's going to be what's going to continue to make her just the great player that she is. And, you know, when she came in, she obviously could score offensively and rebound. She really stepped her game up this season in terms of wanting to be a tremendous defender. She is really making herself into a complete player.

Q. Crystal, what's been the difference the last couple of games? Are you trying to be more aggressive?

CRYSTAL LANGHORNE: My Coach said they are just running some plays for me and, I have been getting the ball. Things have just been happening. Some games I get the ball more. Some games I don't.

Q. Crystal, was it easier for you this time around as opposed to last time against Clemson?

CRYSTAL LANGHORNE: I think it was a lot. It wasn't easy. It was easier than last time. I think they doubled with the plays we ran and got me open offensively.

Q. Crystal, what do you think is your main physical traits, is it quickness, agility, aggressiveness?

CRYSTAL LANGHORNE: Kalika said she wants to answer that.

KALIKA FRANCE: Power girl. I see a hard worker.

CRYSTAL LANGHORNE: Thanks. I'm not sure exactly what to say. I don't like to talk about myself that way.

Q. Kalika, can you talk about this win and what it means? Have you guys kind of gotten passed the funk you were in the last couple of weeks?

KALIKA FRANC: This win, it means a lot. It's one and done from now on. We can't afford too loose. As far as these last couple of games go, you know, we went back in the lab and we corrected our mistakes. We try not to make the same mistakes.

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